



Inhale. Exhale recoil.



Chase the currency for the energy.
Pin the blot to the meme.
Break the future with the solid past.
And don't dare dream.



Between inhales. She died.



Sit on a bench to watch the trainers. Sweat and lumps.

Move to the entrance to maneuver the visitors. Hair and strips.

Cross the traffic to shoot the shooter. Blues and chips.



Give the bounty to the beautiful, she will be reassured.

Claim the bounty from the ugly, she will be reviled.



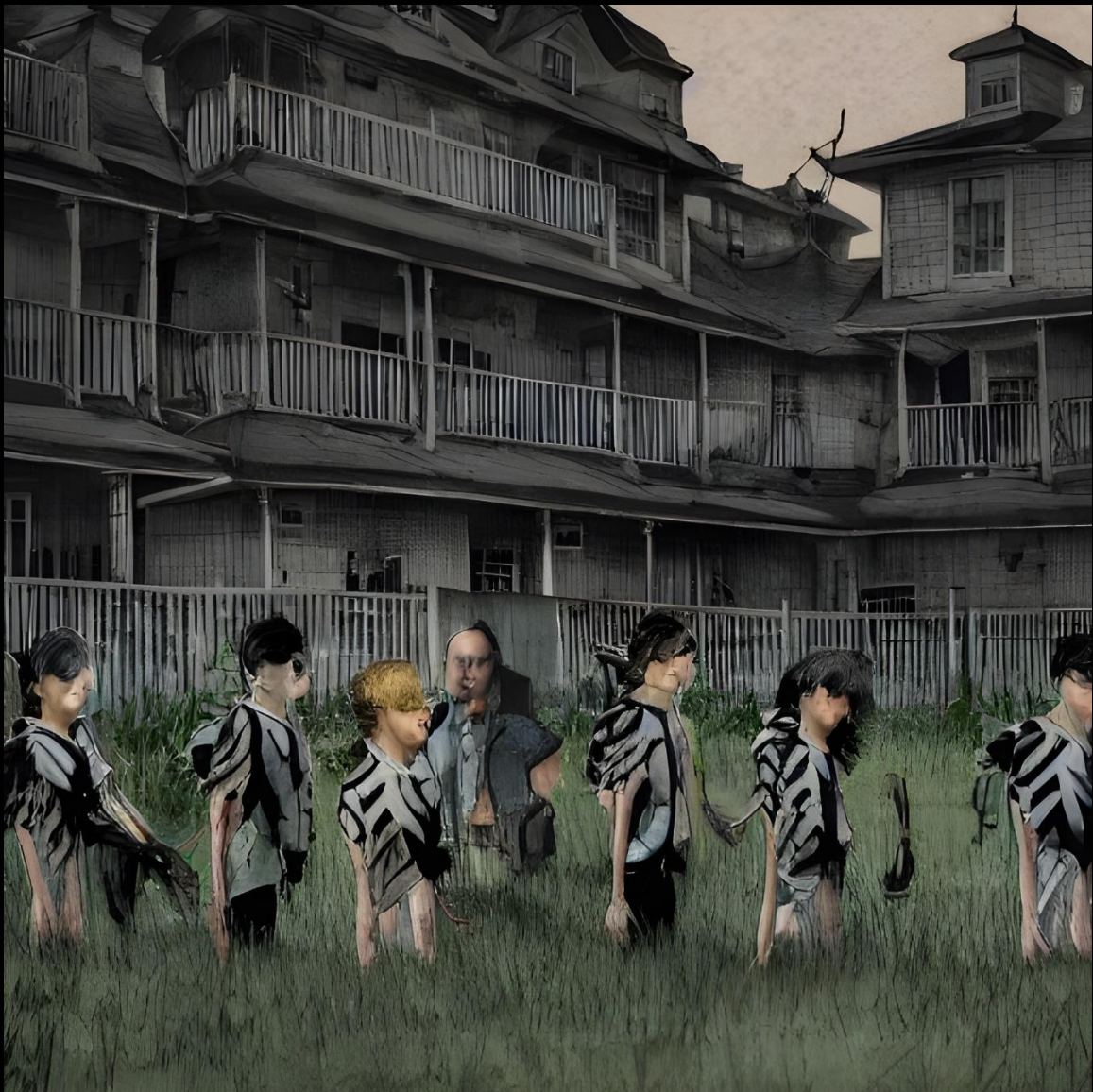
Inhale. Hear the air going out. Keep breathing, good.



Rotate around the numbers and return to the unopened revisited. Finish with the blue band.

Open and close the drawers. Empty and refill.

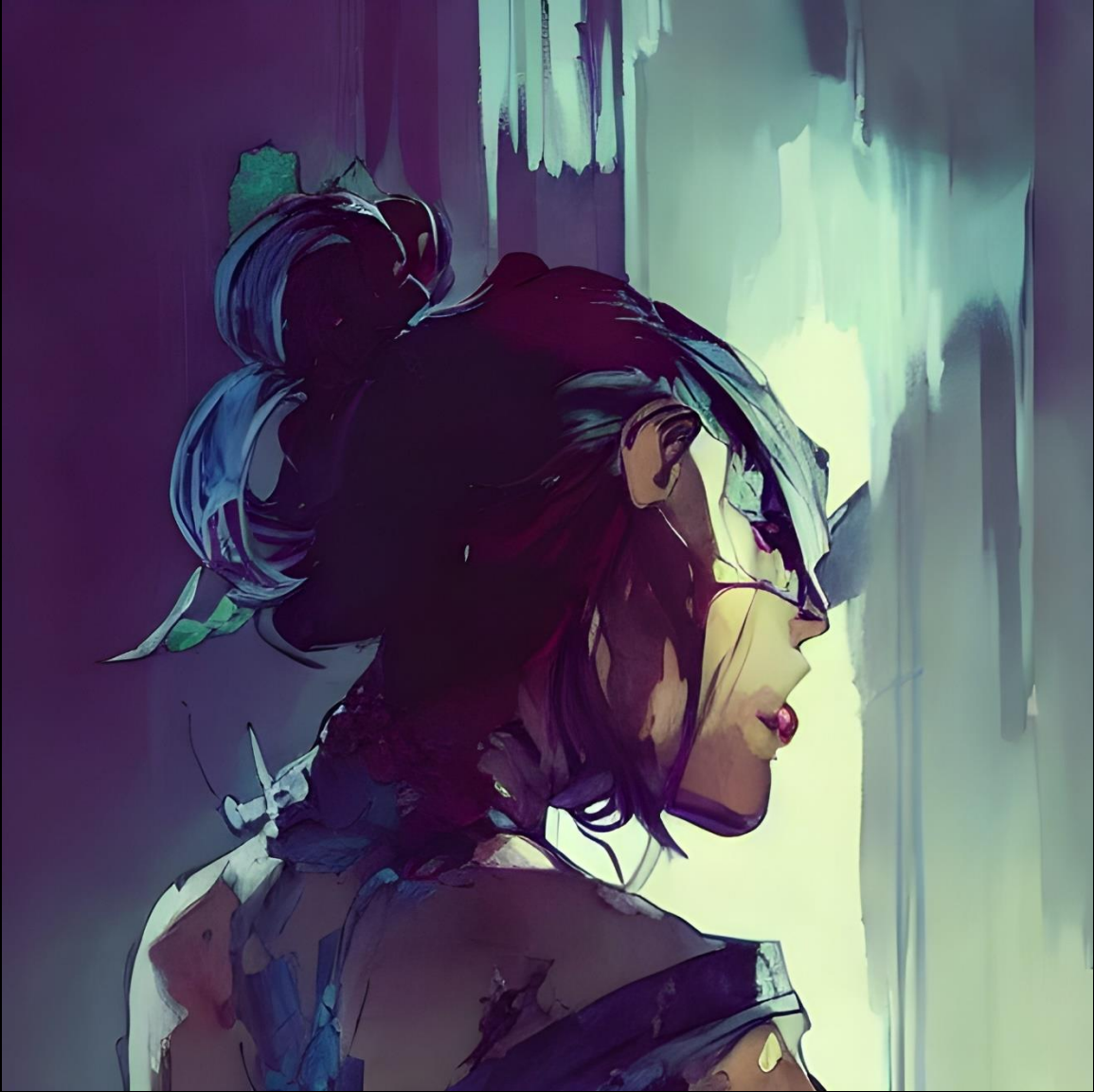
Swallow the seeds of enjoyment. Warm departures of skin.



Wife beaters lined up the lawn. Watching.
School kids lined up the zebras. Averting.
A beckon shyly nodded. Leg it!



What, you think this is a joke? Keep breathing. That's the punchline.



Look at yourself. No, the other one.

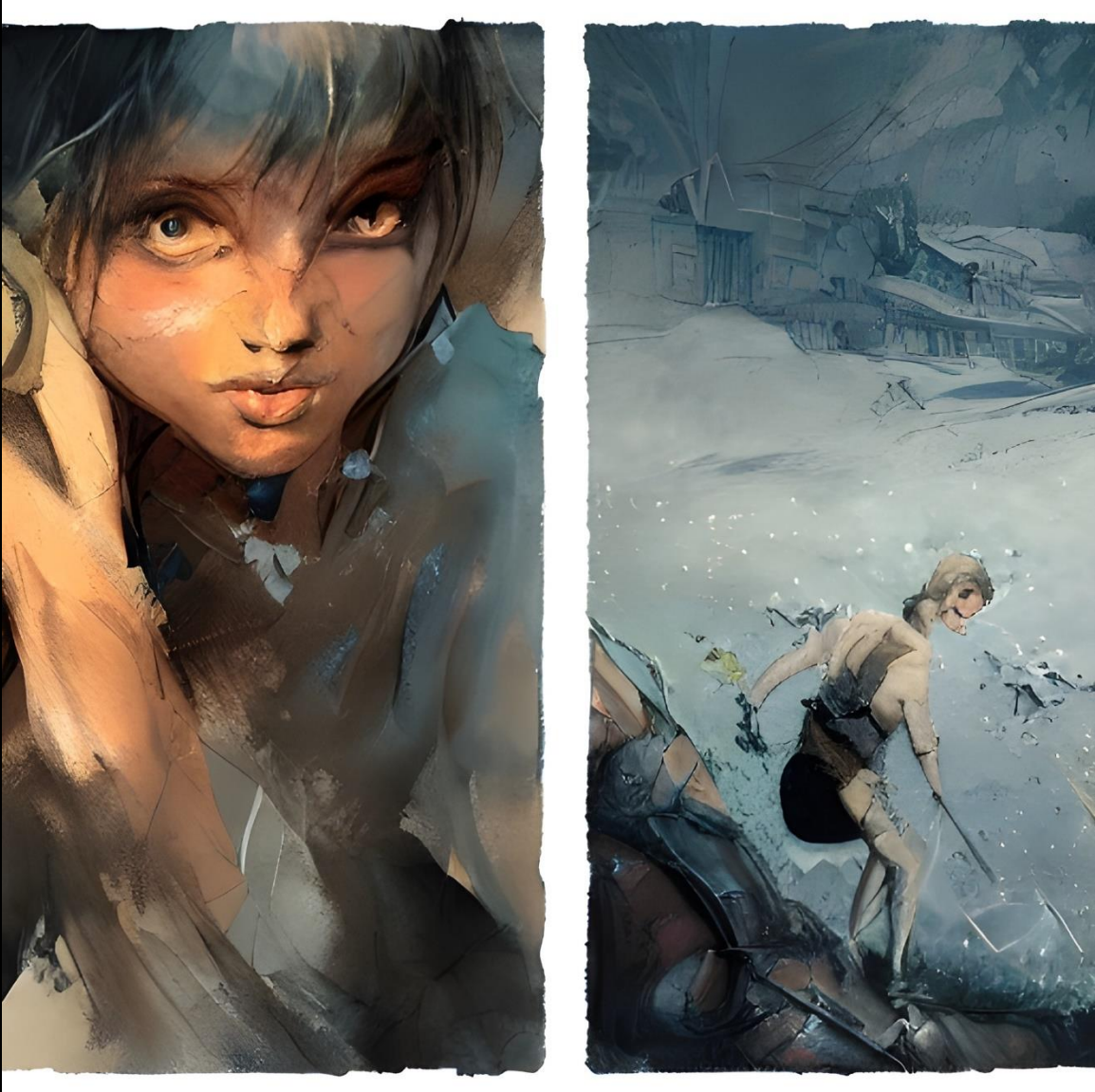


Look good, feel good while you go to have your spleen served, enjoy the game.

Ram all the papers in just before the bells ring, ignore the poodle.



Look good commuting between the clouds and the cool. Halfway dripping.
Entice the tasty with the tart. Formulas ripping.
Scrub the heated leather and neglect the alien eyes. Fly around, grounded in water.



Slam the notebook and smack the pen down. Excuse me?

Meet the coward of liars den. Dismissed?

Rush to the oasis, to the village, to where fullness is a promise. Forever?



Line up. Line in.

Letters from later. Now, breathe.



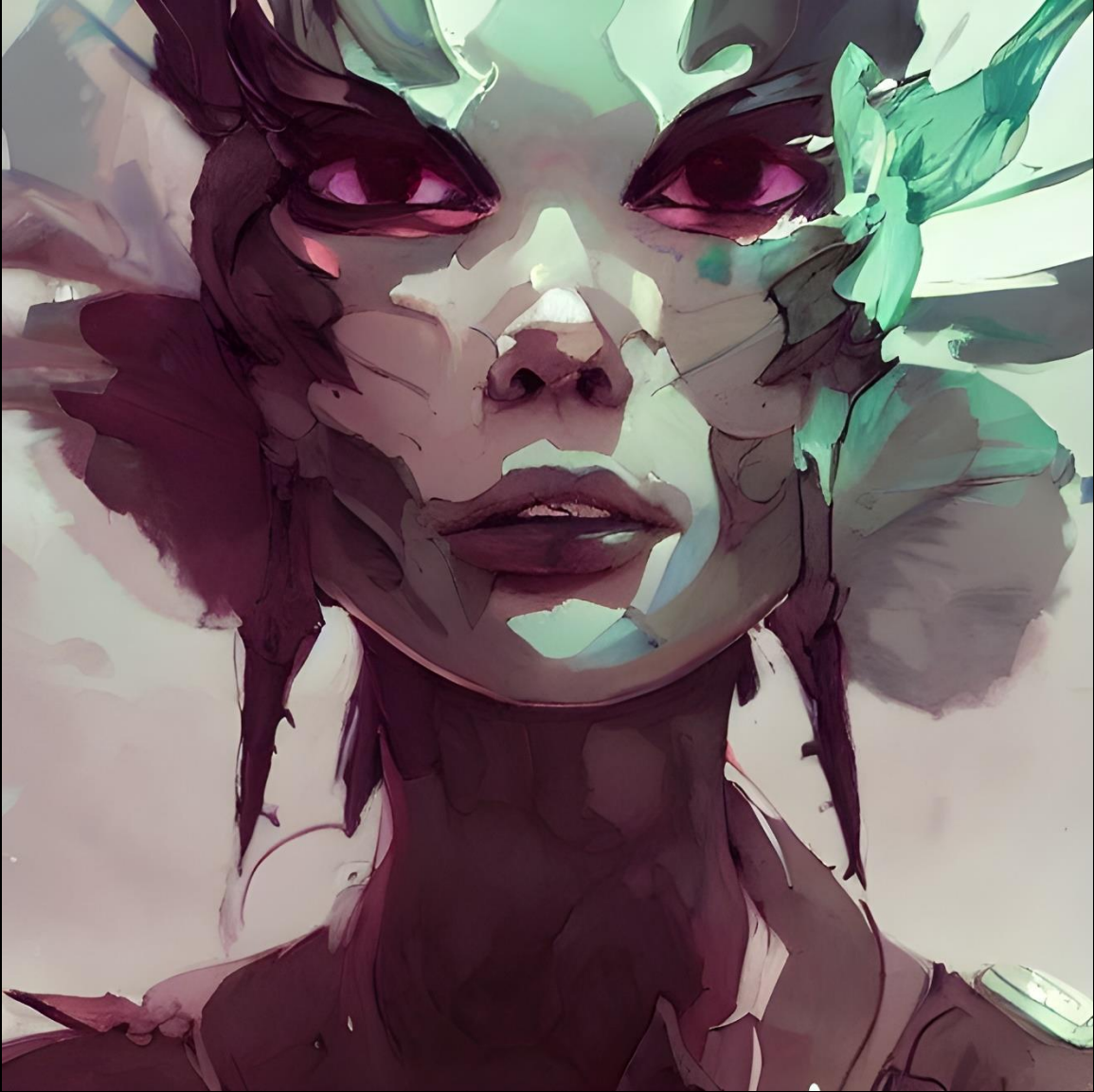
Hopless pleasure stolen from burning jaws of icy steel. Subdued.

Strange callings from boxes of iron and burnt trees. Regreted.



Twos and twos, ones, threes, entire groups, taken for fools. Willingly?

A gecko with nothing better to do than run around the oasis. She ill thirst.



Boom. Breathe.



Contract to expand.

Remember to do nothing to know the delfate.

Contract. Expand.



Music in the windows. Frozen slices know single layered sisterhood.

Surgical violence. Measured to unmatched.

A scream in the times lost and grabbed.



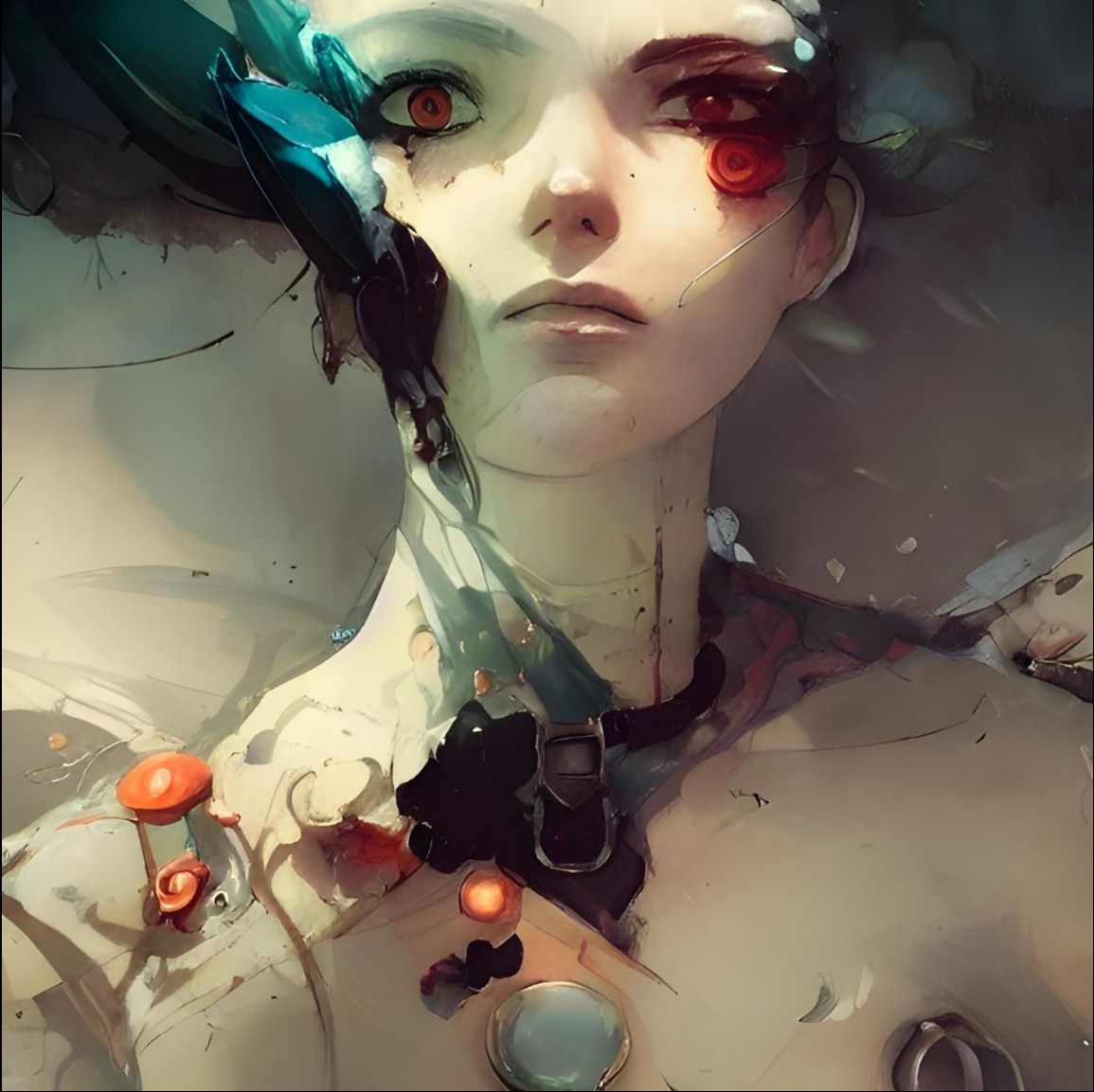
Rude calls returned with unmovable force. Who is shaken?

Dark visitations but headed with a truce, couched in accusations. And warnings.

Only the beef is registered.



Liquid sweetness to comb the tiles. The front and back joined and wings.
Complaints of starvation couched in salseman pitch. Unequal ecstasy.
A pearl is surprised. Things that go thud.



Breathe in. Continue.

Exhale. Control.



Breathe in. Around. Continue.



Bargain with a beacon to fire a dwarf. Reflections unknown.

Stacatto with starch to fine the deacon. Offenses deflected.



Pull and pierce on hiding plaster. Pick up from where you left off.
Exploding copper paves a way to passionate disaster. Ignore the prattle.
Patience. Skies painted purple are not easily forgotten.



Breathe out. Someone will breathe in for you.



Breath in. Someone breathe out for you.



Irelynn Helmy

September 2023